1. Get your response card clickers
2. Grab a ruler.
3. Notebooks out.
4. Fill in your TOC

Draw 6 boxes, as shown below, in your notebook. Left side
Today’s standard will be:

STATE GOAL 24B. Apply decision-making skills related to the protection and promotion of individual, family, and community health.

24.B.3a Apply a decision-making process to an individual health concern.

Language Objective: Given a scenario, you will be able to apply the steps of a decision making model to an individual health concern.

Use your clickers to response to questions as they come up....
Making a decision is easy.

A. True
B. False

When I make a decision, I base my decision on:

A. What my friends will think.
B. What my parents will think.
C. What I think is most popular
D. I don’t care what anyone thinks, I make my own decisions.
1. The act or process of making up your mind about something, coming to a conclusion, is called:

A. a consequence.
B. an option.
C. a choice.  
D. a decision.

2. The outcomes of a decision, either positive and/or negative, is called

A. a consequence.  
B. an option.  
C. a choice.  
D. a decision.
Decision Making-

• Decision –
  • The act of making up your mind about something. A conclusion.

• Consequences-
  • Outcomes of a decision that can be positive and/or negative.

Fill in the boxes on the page as we discuss each step.
Brain Games
You are not doing very well in your English class. Whether you pass or not depends on your final written project due next Friday. You have a busy two weeks ahead. Volleyball practice every day after school until 4. You are supposed to go to the movies on Tuesday to see “Ant Man” Wednesday is an early release and you are supposed to go to Woodfield Mall with your other friend and hang out. Finally, this weekend you are going with your family to a wedding out of the state.

You have always tried hard, but you haven’t been able to get very good grades in this class. You find the paper that your brother wrote on the topic three years ago and this paper received an "A." You remember hearing “A’s” were the highest grades you could get.

**Step 1 – State the problem**

3. When making a decision, you choices are also known as your:

A. decisions.
B. **options.**
C. consequences.
D. pros and cons.
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**Step 2 – List your Options**

4. When you are asked to list the “pros” and “cons” you are asked to look at the

A. **Good vs bad**
B. **Bad vs good**
C. **Right vs wrong**
5. The “pros” stands for the _____ of a choice.

A. negative effect
B. positive effect

6. The “cons” stands for the _____ of a choice.

A. negative effect
B. positive effect
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**Step 3 – Weigh Outcomes: Pros and Cons**

7. Your “values” are:

A. The expensive things you own.

B. Things or beliefs that are important to you.
8. Your values can be based or influenced by what your friends, family, and coworkers believe to be important.

A. True  
B. False

9. Friends can make our decisions for us.

A. True  
B. False
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**Consider your Values**
11. When you make your mind up about something, this is called a:

A. Evaluation of ideas.
B. Consequence.
C. Decision.

12. When you look at something, and you check to see if it is good and good for you, you are _____ it.

A. Considering
B. Evaluating
C. Creating
13. Once you have looked at your options and weighed the pros and cons, you should conclude the decision making process by:

A. Evaluating your decision, and then making a decision.

B. Making a decision, and then evaluate how it worked for you.

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**Step 5 – Make the decision**

**Step 6 – Evaluate the decision**
Review your options. 
Use your clicker to choose the choice would you make?

A. Option 1  
B. Option 2  
C. Option 3  
D. Option 4  
E. Option 5  
F. Option 6  
G. Option 7  
H. Option 8  
I. Option 9

14. When making a decision, one answer is good for everyone.

A. True  
B. False
15. Making a decision is easy...

A. True
B. False