

Jennifer Pacheco
Principal

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*Empowering all students to
succeed in a changing world.*

Melzer Newsletter



Emma S. Melzer School • 847.965.7474

Feb 8, 2019



Dear Melzer Families,

Students, parents, and teachers across Illinois have the opportunity to participate in the seventh annual statewide Illinois 5Essentials Survey. This survey is designed to generate a detailed picture of the inner workings of your child's school. As a parent, this opportunity will allow you to share your thoughts on the important elements of school effectiveness in a survey about your child's school.

On behalf of the Illinois State Board of Education, the Illinois 5Essentials Survey will be administered online by UChicago Impact at the University of Chicago. The survey gathers data related to five indicators that can predict important student outcomes, including improved attendance and larger test score gains. These five indicators that affect and predict school success are:

- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

East Maine School District 63 has chosen to provide the optional 5Essentials parent survey. If at least 20 percent of Melzer parents complete this survey, a parent supplement will also be generated. The parent data will not be reported on the State Report Card.

Your participation in the parent portion of the survey will help us understand the conditions at Melzer Elementary and guide improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child.

Parents will be able to take the Illinois 5Essential Survey until February 15. Please visit <http://survey.5-essentials.org/illinois/survey/parent/> to begin your survey. The survey takes about 20 minutes and is recommended to be completed in one session.

For more information about the Illinois 5Essentials Survey, please visit <https://illinois.5-essentials.org>. If you have any questions or concerns, please contact 5Essentials Client Services at 1-866-440-1874 or 5essentials@uchicago.edu.

Your partner in education,
Jennifer Pacheco

Upcoming Events

February 8 Winter Ball 6:30 - 8:30 \$2.00/person	February 11 Chess Club	February 14 Smile Dentist	February 18 No School	February 20 Coding Club	February 28 Ronald McDonald Care Mobile
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Notes from the Nurse

Why does my mucus change color?

If you've ever stopped to look at the contents of the tissue after you've blown your nose, you may have noticed that your mucus isn't always perfectly clear. It may be yellow, green, or even have a reddish or brownish tinge to it. What do those colors mean?

You might have heard that yellow or green mucus is a clear sign that you have an infection, but despite that common misperception, the yellow or green hue isn't due to bacteria.

When you have a cold, your immune system sends white blood cells called neutrophils rushing to the area. These cells contain a greenish-colored enzyme, and in large numbers they can turn the mucus the same color.

But you can have perfectly clear mucus and have a terrible ear and sinus infection, Kao says. If you do have an infection, you'll likely also have other symptoms, such as congestion, fever, and pressure in your face, overlying the sinuses.

Multi-hued mucus also relates to concentration of the mucus. Thick, gooey mucus is often greenish.

Mucus can also contain tinges of reddish or brownish blood, especially if your nose gets dried out or irritated from too much rubbing, blowing, or picking. Most of the blood comes from the area right inside the nostril, which is where most of the blood vessels in the nose are located. A small amount of blood in your mucus isn't anything to worry about, but if you're seeing large volumes of it, call your doctor.



No School
Monday, February 18

Smile Dentist



The Smile Mobile Dentist has a new date. They will be at Melzer on

Thursday, February 14th.

Ronald McDonald Care Mobile

The Ronald McDonald Care Mobile, a service of Advocate Children's Hospital and Ronald McDonald Charities of Chicagoland and Northwest Indiana, will be visiting Melzer School on Thursday, February 28, 2019. Their mission is to offer easy access to quality healthcare for your child.

Qualified pediatric physicians will be on the van to provide physicals and immunizations to students. Forms will be going home the week of January 14th. If you would like your child to be seen by the doctors, please fill out these forms and return to the school by February 15th.

Please remember, students going from Pre-K to Kindergarten AND students going from 5th to 6th grade need physicals and immunizations.

If you have any questions, please don't hesitate to call the school office at 847-965-7474.



Coding Club
3:40 - 5:00
Feb 6,20,27
Mar 6,13

JG's Reptile Show



When: Friday, March 1st
Show begins: 6:30PM
Doors open: 6:15PM

Free for Melzer families!



Chess Club
3:50 - 4:50



Feb 4,11,25
Mar 4,18
Apr 1,8,15,22
May 6,13,20

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- ◆ Visit us at www.emsd63.org for a wide range of information.
- ◆ You're already on your school e-news list, but choose special e-news lists — from Expanded Learning to First Steps Preschool — at www.emsd63.org/Domain/844.
- ◆ Follow us on social media at www.facebook.com/EMSD63 and <https://twitter.com/EastMaine63>. Check out your school's social media channels, too.