

Jennifer Pacheco  
Principal

# Melzer Newsletter



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succeed in a changing world.*

Emma S. Melzer School • 847.965.7474

Dec 21, 2018

### Sick Day Guidelines for Parents/Guardians:

When is it a good idea to keep your child home from school?

If your child becomes ill, and doesn't feel well enough to take part in school, as parents or guardians you should keep your child home until the symptoms improve. This also can help to prevent the spread of the illness to others at school. These are some of the examples of when your child should be kept home:

- A fever of 100 degrees or higher
- Nausea and/or vomiting
- Stomachache, lack of appetite
- Diarrhea
- Headache
- Persistent cough
- Earache
- Sore throat
- Undiagnosed rash, infection of the skin, or untreated skin conditions such as impetigo, scabies, lice, or similar conditions.
- Undiagnosed red itchy eyes with/without drainage
- Loss of energy or decrease in activity

If antibiotic treatment is needed, your child should remain home for the first full 24 hours of medication administration before returning to school. Most childhood illnesses are over soon and are no cause for worry. But, if the symptoms are severe, or persist for more than 24 hours, parents/guardians should call your child's healthcare provider. Your child can return to school when he/she is well enough to take part in school and has had no fever for 24 hours, without the use of fever reducing medication (acetaminophen, ibuprofen, etc.). If you have any questions, please call your school nurse or healthcare provider for more information.

### Winter Break

December 24 -  
January 4

Classes Resume  
Monday, January 7th



THE **lost** &  
**Found** BIN  
Your stuff misses YOU too.

We have many items in  
the lost & found.

Please stop by  
before Winter Break  
to check for any items.

### Upcoming Events

**No School**  
Dec 24 - 1/4

**Classes Resume**  
Jan 7

**PTO Meeting**  
Jan 8  
7pm



Dear Melzer Families,

We've have had a very exciting and strong start to our school year. As we close out 2018, I think back on our first day and how excited (and nervous) our students were. Watching them transform into confident, curious students has always been my favorite part of being a principal.

Over the winter break, I encourage you to take advantage of the activities in the community. The Morton Grove Public Library is offering a winter reading challenge for children through sixth grade. Students will have opportunities to read lots of great books and win prizes! The library also has several activities from movies to craft for our children to enjoy.

Did you know that you could also visit some of the Chicago-area museums and zoos for free over the winter holiday? Discounts are usually available for Illinois residents, but The Field Museum is offering free admission on January 3 and 4. Brookfield Zoo is free for Illinois residents on Tuesday, Thursday, Saturday, and Sunday. The Chicago Children's Museum offers free admission every Thursday evening, as well as the first Sunday of every month.

I hope that over the next two weeks, you have opportunities to enjoy your children as much as the staff and I do. We'll be ready to welcome them back and hear all about their adventures with you when we return on Monday, January 7, 2019.

Wishing you a restful winter break!

Your partner in education,  
Jennifer Pacheco



**Coding Club**  
3:40 - 5:00  
Jan 16,23  
Feb 6,20,27  
Mar 6,13



Tuesday,  
January 8  
7:00PM -  
8:00PM



**Chess Club**  
3:50 - 4:50  
Jan 14,28  
Feb 4,11,25  
Mar 4,18  
Apr 1,8,15,22  
May 6,13,20

A Note from the Nurse

Students are required to have 30 minutes of recess a day as mandated by the State of Illinois School Code. Students will go outside for recess unless the temperature is below 20 degrees or if the temperature is above 20 degrees but feels like below 10 degrees.

If students would like to play in the snow they must have a jacket, snow pants, boots, hat and gloves.

Please be advised a parent may request a child to stay in from recess due to illness, but only for one day. Anything longer than one day will require a doctor's note.



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